

Delta County School District 50J  
 Covered Preventative  
 Services For Adult Women  
 July 1, 2011

*Eligible charges for the items below will be covered at 100%.*

<b>General Screening Guidelines</b>
<b>Alcohol Misuse</b> screening and counseling
<b>Anemia</b> screening for pregnant women
<b>Aspirin</b> with prescription women aged 55 – 79
<b>Bacteruria</b> urinary tract and other infection screening – pregnant women
<b>Breast Cancer Chemoprevention</b> counseling higher risk
<b>BRCA</b> counseling about genetic testing for women at higher risk
<b>Blood Pressure</b>
<b>Cervical Cancer</b> screening
<b>Chlamydia Infection</b> screening for women at higher risk
<b>Cholesterol Test</b> (lipid profile-total cholesterol, LDL cholesterol, HDL cholesterol and triglycerides)
<b>Clinical Breast Exam</b> (by provider)
<b>Colonoscopy</b> (or alternative colorectal cancer screening test) over age 50
<b>Depression</b> screening
<b>Diabetes Test</b> (blood sugar level check)
<b>Diabetes (Type 2)</b> screening for adults with high blood pressure
<b>Diet</b> counseling for adults at higher risk of chronic disease
<b>Folic Acid</b> supplements
<b>Gonorrhea</b> screening for women at higher risk
<b>Hepatitis B</b> screening for pregnant women
<b>HIV</b> screening for adults at higher risk
<b>Immunization</b> vaccines for adults recommended

<b>Mammogram (Breast Cancer)</b> 1 screening per calendar year
<b>Obesity</b> screening and counseling
<b>Osteoporosis</b> screening for women over age 60
<b>Pelvic Exam / Pap Smear</b>
<b>Rh Incompatibility</b> screening for pregnant women and follow up tests
<b>Sexually Transmitted Infection (STI)</b> prevention counseling
<b>Syphilis</b> screening for pregnant women or higher risk women
<b>Tobacco Use</b> screening and interventions for all women and expanded counseling for pregnant women

<b>General Immunization / Vaccine</b>
<b>Hepatitis A</b>
<b>Hepatitis B</b>
<b>Human Papillomavirus (HPV)</b> for women age 26 or younger, who have not completed the vaccine series. <b>Note:</b> not to be given during pregnancy.
<b>Influenza</b>
<b>Measles</b>
<b>Meningococcal</b>
<b>Mumps</b>
<b>Pneumococcal (pneumonia) Vaccine</b>
<b>Rubella</b>
<b>Tetanus / Diphtheria (Td) or Tetanus / Diphtheria / Pertussis (Tdap)</b>
<b>Varicella (chicken pox)</b>
<b>Zoster (shingles)</b> age 60 and over

*This list of benefits is intended only as a general description for the principal features of the benefit plans. Please refer to the Summary Plan Description.*

6/1/11